

MRI Defogram/MRI Rectum Pre Instructions

1. The patient must have a light dinner the night before the scan and then be fasting (no food) 8 hours prior to their scan.
2. The patient should have clear liquids the day of the scan. Please make sure that the patient is well hydrated for their scan.
3. The patient needs to arrive at the Hospital MRI Front Desk 1 hour prior to their scan.
4. The patient will need to purchase and use one home enema 2 hours before the scan.
 - a. An enema kit usually contains 2 enemas. Please bring the second enema to the appointment as a second enema may be necessary for some patients.
 - i. Enema kits may be purchased at any pharmacy or grocery store. Patients may contact their doctors for recommendations or questions about an enema.